

# Money Counts Course Level 1 and 2

## Worrying about money?

Financial advice and support  
is available if you're struggling  
to make ends meet.

Follow these steps to find out where  
to get help in Highland.



Social Security Scotland  
Tèarainteachd Shòisealta Alba



## Who should attend?

This course is aimed at anyone who is in a position to have a brief conversation with individuals around money worries.

## The course aims to:

- Increase understanding of poverty and its impact
- Increase confidence to ask about money worries
- Increase knowledge of support services for money matters

## Dates & Times :

### LEVEL 1:

8 <sup>th</sup> March	10.00 – 10.45am
12 <sup>th</sup> April	10.00 – 10.45am
15 <sup>th</sup> August	2.00 – 2.45pm

### LEVEL 2:

28 <sup>th</sup> March	2.00 – 3.30pm
20 <sup>th</sup> April	10.30 – 12.00pm
14 <sup>th</sup> June	10.00 – 11.30am

## How to apply?

Please note we have moved to a new training platform and if you are out with the NHS, you will need to register on Turas. You will find all the necessary instructions on the following link: [Health Improvement Training \(scot.nhs.uk\)](https://www.scot.nhs.uk/healthimprovementtraining/) Once you have registered, you will find the [Money Counts Course](#) by clicking on this link. The course has been developed in collaboration with NHS Highland, the Trussell Trust, Highland Council and Social Security Scotland.

For any enquiries contact, please email:  
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